

[back](#)

MOTomed gracile

2 Motor assisted training

Counteract the consequences of a lack of movement

Daily movement plays an important role concerning the smooth running of many physical functions as well as the sense of well-being.

One person walks an average of 4,000 to 6,000 steps a day – excluding additional sports. However, paralysis or general weakness reduce this level of daily movement to a minimum or makes it even impossible.



Circulatory problems, stiffness of the joints, shortened muscles, digestive problems, fluid build-up in the legs (oedema) and brittle bones (osteoporosis) can result. These often require unpleasant and expensive treatments such as medication or surgery which can have serious consequences.



With sufficient daily movement using a suitable therapeutic trainer it is possible to counteract these problems.

The MOTomed enables this daily movement: Paralyzed or weak arms or legs are moved – forwards, backwards, from very slow to fast, either passively with the assistance of the motor or with residual muscle strength.

[recommend this website to a friend](#)

[top of page](#)