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MOTomed gracile

8 SymmetryTraining

The SymmetryTraining function can be beneficial for a range of patient groups, e.g. in neurology as well as orthopedics.

During active training with muscle strength, the activity of the right and the left leg is displayed on the screen in the form of a bar diagram, showing the contribution of each side. The user is made aware of his/her weaker side and can put an effort into using and strengthening it.

Individuals with a physical deficit in one side of the body particularly benefit (e. g. post knee/hip joint surgery) from this function. This means that the weaker body side can be trained in a targeted way without overcompensation of the healthy side.



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