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**MOTomed letto**

## **2 Motor assisted training**

### **Counteract consequences of a lack of movement**

Daily movement plays an important role concerning the smooth running of many physical functions as well as the sense of well-being. However, daily movement of patients confined to bed shrinks to a minimum or is even impossible.

Circulatory problems, stiffness of the joints, shortened muscles, digestive problems, fluid build-up in the legs (oedema) and brittle bones (osteoporosis) can result. These often require unpleasant and expensive treatments such as medication or surgery which can have serious consequences.

With sufficient daily movement using a suitable therapeutic trainer it is possible to counteract these problems.

The MOTomed enables this daily movement regardless of the patients' health condition: The legs of patients confined to bed are moved – forwards, backwards, from very slow to fast, either passively with the assistance of the motor or with residual muscle strength.

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