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MOTomed viva2

2 Motor assisted training

Counteract the negative effects that result from a lack of movement

Daily movement plays an important role concerning the smooth running of many physical functions as well as the general sense of well-being.

A person walks an average of 4,000-6,000 steps a day, excluding additional sporting activities. However, paralysis or general weakness reduce this level of daily movement to a minimum or makes it impossible altogether.



Circulatory problems, stiffness of the joints, shortened muscles, digestive problems, fluid build-up in the legs (oedema) or brittle bones (osteoporosis) can result. These problems often require unpleasant and expensive treatments such as medication or surgery which can have serious consequences.



With sufficient daily movement using a suitable therapeutic trainer it is possible to counteract these problems. The MOTomed enables this daily movement: Paralysed or weak arms or legs are moved - forwards, backwards, from very slow to fast, either passively with the assistance of the motor or with residual muscle strength.

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